

Rebound

Sport Aerobics



| CLASS | AGE GROUP | DIVISION | DESCRIPTION | CLASS DURATION | PRICE P/TERM |
|----------------------|-------------|----------------------------|---|----------------------------------|--------------|
| JEWELS | Various | Recreation | Children with disability – Coordination and fun through movement to music (Parent Assisted Class) | 1 hour | \$100 |
| GEMS | 15+ Years | Competition Senior & Adult | FISAF Team Fitness | 1.5 hours | \$150 |
| OPALS | 5-6 Years | Competition Minis | FIG Levels Stream | 1 hour | \$100 |
| RUBIES | 7-9 Years | Competition Sub-Junior | FIG Levels Stream | 1.5 hours | \$150 |
| EMERALDS | 10-12 Years | Competition Junior | FIG Levels Stream | 1.5 hours | \$150 |
| SAPPHIRES | 13-14 Years | Competition Intermediate | FIG Levels Stream | 2 hours | \$200 |
| PEARLS | 15+ Years | Competition Senior & Adult | FIG Levels Stream | 2 hours | \$200 |
| PINK DIAMONDS | Various | Competition Select Squad | FIG Levels Stream | 3.5-4 hours 2 x sessions p/wk | \$350 |
| DIAMONDS | Various | Competition Select Squad | FIG National & International Streams | 6 hours 3 x sessions p/wk | \$450 |

SPECIAL OFFER – GEMS class is offered at a 25% discount to athletes enrolled in another Rebound Sport Aerobics class